

Some common foods. Can you guess the approximate water footprint of each one?

Item	Amount	Water footprint?
Chocolate	1 bar (100 g)	
Bread	100 g	
Pasta (uncooked)	100 g	
Chicken (cooked)	100 g	
Beef (cooked)	100 g	
Hamburger	120 g patty with bun and garnish	
Apple	1 average (150 g)	
Milk	1 glass (300 ml)	
Beer	1 large glass (500 ml)	
Tea (without milk or sugar)	1 large cup (250 ml)	
Coffee (without milk or sugar)	1 small cup (125 ml)	